



Leicester news

March 2018

What is Eco-Schools Leicester?

Leicester City Council has a dedicated Environmental Education Coordinator based in the Environment Team who works with schools to help them become more sustainable in all that they do.

As well as one to one support, schools are able to engage through termly #EcoTeachMeets, staff training, resource planning & workshops, assemblies, Eco-Schools conferences & celebration events and can keep up to date through a dedicated Twitter account, monthly eBulletins and termly newsletters.

The Eco-Schools programme provides exciting opportunities for students in curriculum time as well as outside the classroom. Learning outside the classroom (LOTC) has been identified as 'memorable activities leading to memorable learning and positively contributing to pupil safety'. LOTC provides positive benefits to all groups of young people and supports a rich, relevant, broad and balanced curriculum.



How to find out more

Lee Jowett

Environmental Education Coordinator

Phoenix House, King Street, Leicester LE1 6RN

✉ Lee.jowett@leicester.gov.uk

🌐 schools.leicester.gov.uk/eco-schools

🐦 [@EcoSchoolsLCC](https://twitter.com/EcoSchoolsLCC)

☎ 0116 454 2271



Welcome to the March Leicester Eco-Schools newsletter. This term we have had sun, snow and rain! Over the coming weeks we will be hosting a national Sustainable Development Global Goals conference and national Wrigley/ Eco-Schools Litter Less Campaign. We have also had at least 15 schools that applied for the Vegetarian Society funding for Green Flags. Finally, we launched our Eco-Schools/Food for Life celebration event taking place on 12 June. Lets hope the weather turns warmer for lots of outdoor learning taking place later this term! **As always get in touch if you need any support, Lee.**

HEROES ASSEMBLE

IT'S TIME TO CLEAN UP THIS COUNTRY!

EXTENDED TO 25 MARCH



Children from Alderman Richard Hallam Primary, Holy Cross Primary and Belgrave St Peters Primary have been busy planting trees with Entruct Training

Finished reading? Pass on to a colleague

Eco-School Awards

Schools can register for Eco-Schools for free at www.eco-schools.org.uk/register

There are 3 levels of award: Bronze, Silver and Green Flag which were **recently updated in September 2017**.

At **Bronze** level your school has set up an Eco-committee, carried out a review, created an action plan for one topic and shared this with the whole school.

At **Silver** level your school has done the above plus involved the whole school and wider community and carried out monitoring and evaluation for one in-depth piece of work on one of the nine topics. You have also identified where environmental issues are covered in the curriculum.

At **Green Flag Award** status, your school has done all of the above plus carried out in-depth project work for three of the nine topics and developed an Eco-Code which reflects the topics you have worked on.

Bronze and Silver are self-certified online. For **Green Flag**, schools submit evidence **online** and are visited by an external assessor at a mutually agreed time.



Newsletter

Our Eco-Schools newsletters are published 4 times per year. If you would like to submit an article for the next newsletter, the deadline is the 15 June 2018. We ask for around 200 words, at least 1 photo and contact details e.g. name and email address to: eco-schools@leicester.gov.uk

Since January 2018

Recently registered or re-engaged

Merrydale Infant School

Tudor Grange Samworth Academy

Bronze Award

Coleman Primary School

Green Lane Infant School

Tudor Grange Samworth Academy

Wolsey House Primary School

Wyvern Primary School

Silver Award

Braunstone Frith Primary School

Coleman Primary School

Inglehurst Junior School

Parks Primary School

Wyvern Primary School



The Overdale EcoOverdale Book Swap ran during World Book Day was a great success with many happy swappers! Thank you to Anne Scott & EcoOverdale for organising. The leftover books are being delivered to a charity shop

Dates for your diary - 2018



Event	Summary	Further details
#EcoTeachMeets	#EcoTeachMeets are a termly opportunity to share an activity which you have done or find out about exciting activities and projects in Leicester, as well as nationally.	<p>Thursday 8 March 2018 4.00pm-5.30pm at the Arts Centre, part of Mellor Primary School</p> <p>Tuesday 22 May 2018 4.00pm-5.30pm at Leicester Botanical Gardens</p>
Eco-Schools and Food for Life Celebration event	An opportunity to showcase the fantastic work which Leicester Schools have done over the academic year. Now in its fourth year, it is a real treat!	Tuesday 12 June 2018 (all day) at City Hall, Leicester
RCE-EM Conference on Sustainable Development	A regional conference hosted in Leicester aimed at educators of Early Years through to Higher Education. The focus will be around Global Goal 4.7: 'Enabling all learning to acquire the skills and knowledge needed to promote sustainable development'.	Friday 16 March 2018 (all day) at City Hall, Leicester
Healthy Schools Network Dates	For more information please contact Rebecca Partington Rebecca.partington@sdsa.net	<ul style="list-style-type: none"> • Thursday 10 May 2018; 3.30-5.30pm (Emotional health and wellbeing – network meeting) • Tuesday 26 June 2018; 1.30-5.30pm (Sharing good practice marketplace)
Primary Chef of the Year competition	Following its success last academic year, the Primary Chef of the Year competition will be back. The final will be held at Leicester College. For more details please contact Andrew Dexter on: Andrew.Dexter@leicester.gov.uk	Tuesday 26 June 2018 (all day) Leicester College



Supports the Eco-Schools awards as part of sharing good practice and finding out what other schools are doing

Creating Young Leaders in Sustainable Development

Still time to book!

This conference will enable practitioners to support learners to acquire the knowledge and skills needed to promote sustainable development (Global Goal 4.7). The conference will be a combination of workshops and activities to inspire and engage. There will be many opportunities to network, link research to practice and share your own knowledge and expertise.

Friday 16 March 2018

9.30am – 4.00pm - City Hall, 115 Charles Street, Leicester, LE1 1FZ

Lunch and refreshments will be provided

Who would benefit from this conference: EYFS practitioners, primary school practitioners secondary school practitioners and post 16 practitioners in higher education and university who have an interest in environmental education or sustainable development.



Why attend?

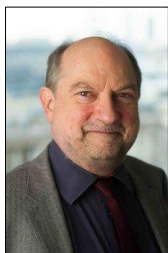
- Collaborate with colleagues across and within educational settings
- Address the role of research and development in education
- Contribute to transformative education to support ambitions regarding sustainable living and livelihood
- Understand the **Global Goals for Sustainable Development** in more detail
- Network with colleagues, receive resources and freebies
- Hear from regional and national partners including **Eco-Schools, Practical Action, Earthwatch, Buglife and Sustrans**

This event is £25 for practitioners & professionals and a reduced rate of £10 for university students

If your organisation would like to exhibit please get in touch

To book your place please go to goo.gl/77mNQ8 or email Lee.Jowett@leicester.gov.uk for further details

Outline of the day – 16 March 2018



We are pleased to announce our keynote is provided by **Professor Justin Dillon**, Professor of science and environmental education at the University of Exeter. He is an internationally-respected academic whose work covers science education and teacher education as well as environmental education. He recently became the president of the National Association for Environmental Education (NAEE).

Delegates will have the opportunity to attend 4 workshops during the day from:

- **Dr Andrew Reeves De Montfort University** - How do people become sustainability activists? Exploring transformative collective experiences in early adulthood and at university
- **Ben Evans, University of Leicester** – Local to the Global: The power of collaboration
- **Bobbie Harvey, FACE & Lisa Didier, Food for Life** – Food, farming and the future
- **Coralie Hopwood, John Muir Trust** - The John Muir Award and youth social action: Hand, heart and head learning
- **Lydia Allen, National Youth Agency – The Environment Now** - The Environment Now – Tackling environmental issues using digital technology
- **Bren Hellier, Practical Action** - Ditch the dirt...a STEM challenge
- **Sarah Eames, Primary Science Teaching Trust** – STEM and sustainability
- **Amber Robinson, Water Explorers** - Global learning with Water Explorers
- **Lee Jowett, Leicester City Council, Leticia Ozawa-Meida, De Montfort University** – Energy saving using the Edi-Net approach
- **Claire Plumb, Leicester Masaya Link Group** - Global challenges – sustainable solutions
- **Sarah Staunton-Lamb, Earthwatch** – Citizen Science and the Global Goals
- **Lee Wray-Davies, Eco-Schools, Keep Britain Tidy** – Eco-Schools- the largest education programme on the planet!
- **Amy Curnock, Leicester City Council** – Healthy Teeth, Happy Smiles! Oral health in primary care
- **Martha Rose, Leicestershire & Rutland Wildlife Trust** - Using the outdoors in literacy and numeracy lessons
- **Zoe Fleming, University of Leicester** – Measuring air quality around your school
- **Andy Chambers, South Derbyshire Environmental Education** - Fab Food: ideas for reducing your school's food waste

We will finish our day with a plenary question and answer session including Cllr Adam Clarke, Deputy City Mayor with responsibility for Environment, Public Health and Health Integration, Lee Wray Davies – Eco-Schools Manager, Keep Britain Tidy & Sarah Staunton-Lamb, Senior Engagement and Learning Manager, Earthwatch

Lunch will be provided by the Real Junk Food Project, Leicester

Market stalls will include:

Healthy Teeth, Happy Smile • NYA • Kids Country – East of England Agricultural Society • Food for Life • FACE • John Muir Award • Practical Action • Global Learning Library • Big Stop • Jane Goodall Roots and Shoots • University of Leicester • De Montfort University • Leicester Eco-Schools • Sustrans • South Derbyshire Environmental Education

Fairtrade Fortnight 2018 Schools' competition

Deadline for
submission
30 March 2018

Monday 26 February - Sunday 11 March

As you start planning for Fairtrade Fortnight 2018 why not think about entering our Fairtrade Fortnight School Competition, open to all Leicester City Schools. You don't have to be a Fairtrade School to enter - we want to hear from all schools!

To enter the competition all you need to do is submit a write-up of how your school celebrated Fairtrade Fortnight 2018. Please include evidence such as photos/pupil work with your submission.

- First prize £50 voucher
- Second prize £30 voucher
- Third prize £10 voucher

Entries will be judged on impact, imagination, educational content and relevance to the theme of the year: 'Stand with farmers and close the door to exploitation'

For more information and to receive an application form please contact:

Lee Jowett, Leicester City Council
lee.jowett@leicester.gov.uk 0116 454 2271

“Stand with farmers and close the door to exploitation”



Prizes kindly donated by
The co-operative
Central England Co-operative



Fairtrade Fortnight 2018

'What's the impact?'

Deadline for
submission
30 March 2018

Monday 26 February - Sunday 11 March 2018

Many different ethical and environmental marks can be found on food products these days, but what do they all mean?

As part of Fairtrade Fortnight 2018 we are asking KS4 and KS5 students to research the different marks and the differences between them. As part of this research we would also like the students to speak to local retailers to find out which marks they sell, and why. **Please focus on the marks to the right.**

To enter students will need to produce a PowerPoint (up to 10 slides) or a written report (up to 3 pages) about their findings. Students can enter the competition individually or as part of a group (maximum of 3). Shortlisted entrants will be invited to present their findings to a panel of judges, including Cllr Clarke, Deputy City Mayor with responsibility for Environment, Public Health and Health Integration.

You can also enter the Leicester Fairtrade Schools competition as part of your research project if it involves carrying out a campaigning activity.

Briefing

- There is no limit to how many students from one school or college can enter the 'What's the impact?' project.
- The deadline is 23.59 on Friday 30th March 2018.
- Entries need to be emailed to lee.jowett@leicester.gov.uk
- Entries need to include the student's name, age (and year group), name of their school/college and contact name for their teacher/tutor



For more information please contact:
Lee Jowett, Leicester City Council
lee.jowett@leicester.gov.uk 0116 454 2271

Environment, Health and Wellbeing School #TeachMeet2018

The annual **Environment, Health and Wellbeing #Teachmeet** is an opportunity for **school leaders including governors** to find out about all the exciting projects being delivered by or in partnership with Leicester City Council at one event!

Thursday 24 May 2018

1.00pm-3.30pm

City Hall, 115 Charles Street, Leicester LE1 1FZ

The first hour and a half will consist of Teachmeet style presentations. Presenters will have 5 minutes to present their project including any questions.

The remaining time will then be market stalls to allow school leaders to have more detailed conversations



Why attend?

- Gain a greater understanding of **projects being delivered in Leicester city free of charge** to schools
- Find out which **projects are suitable for your school** all in one place
- Plan for delivery of projects in **this and the next academic year**
- Learn from providers the benefits of participation including links to **healthy schools, SMSC and Ofsted criteria**

This free event is **open to all leaders in school**. To book your place please book via the [Eventbrite link](#) or email Lee.jowett@leicester.gov.uk

Attendees to include: City Catering, Living Streets, Environmental Education Leicester, Global Learning Library, Healthy Teeth Happy Smiles, Buglife, Leicester Recycling, Food for Life, Healthy Schools Network & Daily Mile scheme



Eco-Schools and Food for Life Celebration 2018

Deadline for
school entry
1 June 2018

Tuesday 12 June 2018 • City Hall, Leicester

Celebrate the work that your school has completed this year by attending the now annual Eco-Schools and Food for Life Celebration. Bring along up to 5 students to display your Eco-Schools and/or your Food for Life project. Receive your Food for Life award as well as the Healthier Air for Schools Award.



Schools can display 2 Eco-Schools topics, 1 of which can include your Food for Life project. As a reminder, the Eco-Schools topics are:

- Biodiversity
- Energy
- Litter
- Waste
- Transport
- Water
- School Grounds
- Healthy Living
- Global Citizenship



Entries for the Eco-School Awards will be categorised by the school's level of Eco-School award rather than by topic.

Food for Life awards will be judged separately and will be a demonstration of work completed so far on the Food for Life journey.



All schools will also be entered into the:

- Judge's Special Award
- Eco-factor Award (voted by students)

The event will run from 9.30am - 2pm.

The Real Junk Food Café will be serving lunch.

Schools will be asked to provide brief information about their display before the day.



For more information and to book your school place contact:

Lee Jowett, Leicester City Council

lee.jowett@leicester.gov.uk 0116 454 2271

Lisa Didier, Soil Association Food for Life

ldidier@soilassociation.org 07718 570945

Healthier
AIR
for Leicester



Eco-Schools and Food for Life Celebration 2018

Tuesday 12 June 2018 • City Hall, Leicester

Additional Food for Life information

You are invited to attend this event to demonstrate the work you have completed so far on your Food for Life Journey.



You can showcase work towards your Bronze or Silver award or you can show a way you have improved an area of the following in school:

- How you used Food for Life to raise attainment
- How Food for Life has been integrated across the school in a whole school approach
- Increased school meal take up
- The good work of your SNAG and pupil voice
- Show the ethos of healthy eating across the school
- Show the improvement in cooking in the curriculum
- Food growing in school
- Demonstrate how you improved the dining room environment

If you would like to achieve Bronze or Silver by the time this event takes place please contact Lisa Didier. If you would like to display your work from the above categories, then a Certificate will be presented for your work and you will also be achieving criteria B4.2 for their bronze award "we share Food for Life learning with local schools, the wider community and other partners".

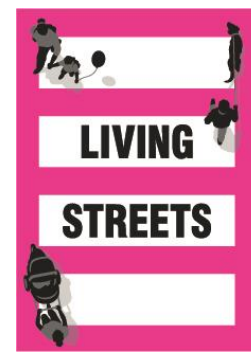
Lisa Didier, Soil Association Food for Life
ldidier@soilassociation.org 07718 570945



Join in with Happy Shoesday

On Tuesday 22 May this year thousands of children and grown-ups around the country will be wearing their happy shoes.

Why? They all want the right to walk to school safely, with fewer traffic jams and less toxic fumes in the air. This event is called Happy Shoesday and raises vital funds for Living Streets' work.



**LET'S
WALK TO
SCHOOL**



How it Works:

1. **Sign up** for a free resource pack and we'll send you everything you need to make running the day as easy and fun as possible.
2. **Get thinking** about what happy shoes to wear – a favourite pair or ones that have been decorated. You can use our shoe cape template to turn shoes into shoe-per heroes!
3. **Have a super Happy Shoesday!** Encourage families to walk, scoot, cycle or park and stride to school, wear their happy shoes, and make a £1 donation for Living Streets. Use our classroom activity ideas throughout the day.

Why Join In?

Remind families that your school is committed to reducing the number of cars outside the school gate and making sure your pupils can enjoy a happy, healthy and safer walk to school with fewer traffic jams, potential collisions and toxic air.

Taking part also supports schools running Living Streets' WOW challenge or working towards Eco-Schools awards.



Living Streets' is the UK's only charity for everyday walking. You can help us keep going to make streets safer for all. This small action means you will be a part of the work to overcome barriers to walking. For example, our Walk To School campaign reaches millions of people. Above all, the work we do creates communities designed for people, not machines.

Sign up at www.livingstreets.org.uk/happysoesday

Contact katie.france@livingstreets.org.uk if you have any questions.

Last year some Leicester schools linked Happy Shoesday to Africa's Gift Happy Feet Day. Families could donate either a pair of unwanted shoes or £1, with funds raised from both methods going to Living Streets.



Africa's Gift Shoes for Africa Money for you!

Solve the perennial headache of non-uniform days, raise funds for your school and help support a charity by holding a...

Happy Feet Day

a non-uniform day for your feet!

Students attend school in their choice of footwear, whilst handing over a pair of unwanted shoes that can be used again in rural Africa.

We pay **40p per kilogram** for reusable shoes, and then transport them to Africa, where they are introduced into the communities sensitively*

We collect the shoes from school on the **Happy Feet Day**, so there are no storage problems. We weigh them and make swift payment.

All we ask is that the shoes are **clean, paired, tied and together...**

Book a date to make your feet happy!

***our focus is on empowering community members rather than perpetuating a dependency culture and we work with key personnel to make this happen.**

Find out more at www.africagift.org

AfricasGift



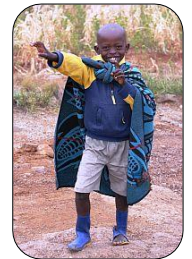
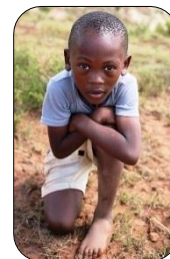
info@africagift.org



@AfricasGift



01709 717111



Why not link to Living Streets' Happy Shoesday event in May?
As we did last year, Africa's Gift will be arranging a Leicester collection day to tie in with local Happy Shoesday events.
Email or phone today to book your collection.

#EcoTeachMeets

Leicester 2017/18



- Thursday 8 March 2018, 4.00pm-5.30pm at the Cross Corners Arts Centre, part of Mellor Primary School www.crosscorners.co.uk Thurcaston Road, Leicester, LE4 5PE

'True' TeachMeet – book a 5 or 8 minute slot

Book via WinterEcoTeachMeet.eventbrite.co.uk



Supports the Eco-Schools awards
as part of your evidence

- Tuesday 22 May 2018, 4.00pm-5.30pm at the University of Leicester Botanic Gardens, Glebe Road, Oadby, Leicester, LE2 2LD

Marketplace and interactive workshops on outdoor learning

Book via SpringEcoTeachMeet.eventbrite.co.uk

#EcoTeachMeet



Learn about all the latest environmental activities happening both in the city and nationally

If you would like to present something you have done in school that would be great - otherwise just come along to learn something new! All school staff and like-minded organisations are welcome to come along! Book your place by [following the links above](#)

If you would like more information please contact Lee Jowett, Environmental Education Coordinator lee.jowett@leicester.gov.uk or 0116 454 2271

THE GREAT BIG SCHOOL CLEAN

IT'S TIME TO CLEAN UP YOUR SCHOOL

NOW EXTENDED TO 23 MARCH

wilko



National Citizen Service - Leicester



National Citizen Service (NCS) is a programme for all 16 and 17 year olds in the UK. It aims to help young people develop into good local citizens, by taking them through several phases of personal and team development. NCS believes in the power of young people to change the world if only given the tools and opportunity. NCS supports the transition to adult life by developing the strength of character and life skills which enable young people to contribute to society with purpose and integrity. Over the last 4 years, young people on NCS with LEBC have completed **volunteering hours totalling an equivalent of over 15.6 years, without sleep and have raised over £93,000 for local charities and organisations.**

The young people are split into teams of up to 15 young people, and assigned a trained adult mentor who goes through the whole programme with them. Teams then take part in the following phases:

- Adventure Residential
- Skills Development
- Social Action
- Celebration

Social action projects are projects based within the local community and can vary from revamping community spaces, to fundraising for local charities to campaigning on important social issues. Last year schools in Leicester hosted an NCS group to carry out a project in their school which were very successful.

For Summer 2018 we are looking for hands on projects as well as those that are just fundraising. As I am sure you can imagine across the Summer we will have a lot of young people out and about fundraising and would love to have more some hands on projects where teams can leave a lasting legacy.

To find out more and apply to host a group please contact Hannah Walsh.

IT ALL
STARTS AT
YES



How to find out more

Hannah Walsh

Social Action Project Coordinator

✉ hannah.walsh@leic-ebc.org.uk

☎ 0116 240 7007

🌐 www.leics-ebc.org.uk/schools-and-colleges/ncs



Healthier Air for Schools Award

Healthier
AIR
for Leicester



Poor air quality affects people's health and damages the environment. In Leicester there are two main pollutants of concern: nitrogen dioxide and particulate matter. The main source of these pollutants is road traffic, in particular diesel engines.

Leicester has an air quality action plan, a strategic approach to delivering better air quality. This action plan sets out how we will improve air quality and meet the EU standards for nitrogen dioxide, but we cannot achieve this alone. We are asking you to support improving air quality by tackling parking around your school and actively encouraging sustainable transport for students, staff and parents. All schools can achieve the Healthier Air for Schools award.

You can submit your evidence at any time, however submissions will be reviewed monthly. Download the application form from the school extranet schools.leicester.gov.uk/HealthierAir

Email your completed form and evidence to Amita Miles, Amita.Miles@leicester.gov.uk. If we need any extra information or clarification we will be in touch. All schools who achieve the award will be invited to the celebration event at City Hall on **Tuesday 12 June 2018**.

Your award lasts 12 months from approval. *You will need to renew annually to maintain your award.*



In order to achieve a **pass** in the Healthier Air for Schools award you need to submit evidence of:

1. Achieving at least your **Silver Eco-Schools Award** with the topic of **transport** covered
2. At least 1 **ongoing scheme** for example Living Streets - Walk to School, Sustrans Bike It - which has lasted at least 2 school terms.
3. At least 1 event involving **parents and the community** e.g. car-free day, clean air day, raising awareness of the problem of idling*

***(Idling** refers to running a **vehicle's** engine when the **vehicle** is not in motion i.e. parking outside the school gates)

You can also achieve a **merit** by evidencing other activities in school

- **You can submit evidence of activities which have taken place in the last 12 months.**



Supports the transport and healthy living Eco-Schools topics





Rank	School Name	Water	Gas	Electricity
1.	Wolsey House Primary School	Green	Green	Green
2.	Northfield House Primary Aca...	Green	Green	Yellow
3.	St Thomas More Primary Aca...	Green	Yellow	Yellow
4.	St Joseph's Primary Academy	Green	Yellow	Yellow
5.	Catherine Infant School	Green	Green	Red
6.	Granby Primary School	Red	Green	Yellow
7.	Mellor Primary School	Green	Yellow	Yellow
8.	Mowmacre Hill Primary School	Green	Green	Yellow
9.	Christ the King Catholic Prima...	Red	Green	Red



Supports the Eco-Schools energy topic

Edi-net (energy data innovation network) takes readings from Leicester schools with half hourly data (gas, water, electricity and district heating where appropriate). The data is run through the large database and number crunched. This data is compared against the building's previous data from the last 2 years (which is the baseline). For heating data, the system takes into account external temperature through weather station data, so corrects for this if it was an unseasonably cold day.

When consumption is less than that of last year, the smiley faces are greener. When consumption is worse than last year, the smiley faces are more red. If data is in line with last year it is amber. All schools who are on the system can look at where they are on the league table on a daily basis and also in detail at their own consumption – **Eco-Schools monitoring complete!**

Ditch the dirt – Practical Action



Ditch the Dirt is Practical Action's exciting NEW STEM challenge for pupils aged 8-14 years. Set in the context of accessing clean water in Kenya it enables pupils to model and test filters as a way of making dirty water cleaner. It can also be used to explore ways of making water safe to drink. Ditch the Dirt offers a:

- Perfect challenge to deliver parts of the science, D&T and maths curricula
- Great activity for a science or STEM club, transition or enrichment day
- Way for pupils to gain a CREST Award
- Opportunity to highlight links between STEM and the Global Goals

All the materials are FREE to download
<https://practicalaction.org/ditch-the-dirt>



Supports many of the Eco-Schools topics and curriculum links

Healthy Teeth, Happy Smiles !



Would you like to help children in your school have a healthier and happier future? There's a simple step to take - start Supervised Tooth Brushing (STB) in your school. STB takes approximately 5-10 minutes to complete every day. The activity can be carried out at any time during the school day, and can be built in to the existing routine of the school. Some settings do it sat at tables, some at the sink, some sing songs, and some watch a YouTube video and use it as a timer.

Healthy Teeth, Happy Smiles staff ensure that STB is carried out in a way that suits and are on hand to help you through the whole process, **providing all training and resources for free!** Our programme is flexible as we know how busy the school day is! Figures from Public Health England show that 5 year olds in Leicester have amongst the worst rates of tooth decay in England. A recent article published by the BBC showed that tooth decay caused nearly 43,000 operations to remove children's teeth in England.

Tooth decay and oral health problems can affect many aspects of a child's life, including school readiness, self-confidence, concentration and general health and well-being. The worst part is, tooth decay and oral health problems are preventable in many cases. If you'd like to start supervised tooth brushing, or want more information about the programme, contact healthyteethhappysmiles@leicester.gov.uk



Leicester Litter Less Campaign



15 primary and secondary schools across Leicester will be taking part in the Litter Less Campaign as part of the British Spring Clean. The re-arranged date will be Tuesday 20 March and we are looking forward to giving an update in the next newsletter

Free Eco-Schools support from Severn Trent



Severn Trent's education team can visit your school to deliver a fun and interactive assembly that's all about the environment, water and how to look after it. They can also talk to your eco/school council to look at a plan for looking after water in your school and in the wider community. The visit is free and all pupils are given a Promise Postcard to take home. For further information go to www.stwater.co.uk/education



Supports the water Eco-Schools topic



Sustrans The Big Pedal 2018



The Big Pedal is the UK's largest inter-school cycling and scooting challenge. It inspires pupils, staff and parents to choose two wheels for their journey to school. The Big Pedal 2018 will run between the 23 April and the 4 May.

Registration is now open via www.bigpedal.org.uk.

This year's challenge will run from 23rd April - 4th May and is open to individual classes as well as whole schools. On each day of the challenge, schools compete to see who can record the greatest number of pupils, staff and parents cycling or scooting to school.

A school's best five days will determine their final position, but they can log journeys on all ten days if they wish.



Supports the Eco-Schools transport topic

Food & Farming Day

Friday 29 June 2018

East of England Showground, Peterborough, PE2 6XE


7,000 spaces
£3 per child


Book now
to avoid
disappointment
01733 363514


What's On Offer?


The Kids Country Food & Farming Day aims to teach children where food comes from and the importance of agriculture and the countryside, through interactive learning experiences
Just £3 per child





 Huge range of activities designed to ensure a fun and interactive learning experience

 Hands-on demonstrations and talks from leading industry suppliers and experts in the field

 Children can engage with livestock, learn new skills and understand the farm to fork adventure

 Exciting competitions to enter

 Event incorporates key elements of the national curriculum for Key Stages 1 and 2

 Associated project work is available for classroom preparation and follow up

Book now to avoid disappointment!

Email: slauridsen@eastofengland.org.uk Tel: 01733 363514

"What an amazing day we had.. Meeting real people who are in the field of food and farming, spending time and learning from the experts, looking and tasting British grown snacks and foods, learning how sheep are sheared, the importance of and how to grow our own food, and much much more.." - Bridge Junior School



Supports the Eco-Schools healthy living topic

Clean Air Day 2018

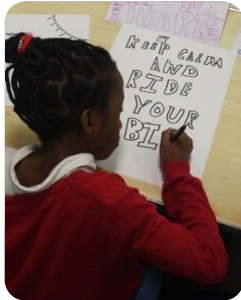


We know that people are starting to think about the next Clean Air Day and that many of you were keen to know the date for 2018. So, we're delighted to announce that the date for Clean Air Day 2018 is **Thursday 21st June**.

The day has undergone a very slight name change, to make it a bit easier to say and also to include other countries who may feel inspired to join in. We would love to know what you've got planned for the day, so keep in touch with us on cleanerair@globalactionplan.org.uk

Remember you can also sign up for updates about Clean Air Day [by registering here](#). Save the date and thanks for your support!

Sustrans cycle storage project



Supports the Eco-Schools Transport topic

Pupils from five Leicester schools have been putting artwork together to brighten up a bike shed at Glenfield Hospital. The project has been developed by Sustrans, who work in schools and workplaces as part of the Department for Transport's Access Fund awarded to Leicester City Council to encourage walking and cycling across parts of the city and county.

Drawings from the pupils have been scanned and printed onto vinyl banners measuring 7x2 foot. These will be hung from the secure bike shed outside of the main entrance of the Glenfield, in full view of the majority of the people arriving at the hospital. The banners were unveiled in February 2018 at the hospital. The five schools that have been involved in the project are:

- Braunstone Frith Primary School
- Christ the King Catholic Primary School
- Dovellands Primary School
- Forest Lodge Primary School
- New College Leicester

Celebrate Commonwealth Day - 12 March

Commonwealth Day, which takes place on 12 March, brings together all member countries to celebrate the vast diversity, strong unity and uplifting values that define the Commonwealth.

This year's theme, '**Towards a Common Future**' explores how the Commonwealth can address global challenges and work to create a better future for all citizens through the related themes of sustainability, safety, prosperity and fairness.

Find out how you can take part in a virtual school assembly and download our classroom resources to help you and your students prepare for the big day. Further information available [online](#) or search 'Commonwealth Day 2018 British Council'.



COMMONWEALTH CLASS



Supports the Eco-Schools global citizenship topic

Celebrate Food Growing In Leicester

CITY HALL, 9 MARCH 2018

From Midday to 5 pm



At this event you will:

- Get Information about funding for your growing projects
- Find out more about the Healthy for Life Food Growing Programme in Birmingham (sponsored by Mondelez Int. Foundation)
- Get and share ideas on food growing in schools and community groups
- Celebrate Leicester's food growing work!
- Take part in Veg City Campaign!

AGENDA

Seasonal food ideas from
The Junk Food Café
12 noon - 2pm

Talk about Healthy Food
and Growing
12.30 - 3pm



WORKSHOPS:

Composting – 1pm
Using recyclables for
growing – 2pm

For more information contact:

Daxa Ralhan
Public Health, Leicester City Council
Tel: 0116 4544376
Email: Daxa.Ralhan@Leicester.gov.uk

leicester.gov.uk/foodplan

 LeicesterCityCouncil
 @leicester_news

www.facebook.com/groups/leicesterfoodgrowing

<https://plus.google.com/communities/102389241116020838948>



Send My Friend to School 2018



How to find out more

Send My Friend to School

www.sendmyfriend.org

www.facebook.com/sendmyfriend

www.twitter.com/sendmyfriend



*Supports the Eco-Schools
global citizenship topic*

Quality education is empowering and transformative. For this to happen schools need to be safe havens – places where young people are able to learn and thrive.

But each year 246 million children experience violence at school. This is a generation of young people missing out on education due to fear, violence and danger. This has to stop. That is why we have launched a new campaign to [Make Schools Safe](#).

Young people across the UK will create paper safety signs and share them with their MPs to call on the Prime Minister to Make Schools Safe. **Get your class involved - download your own Teacher Pack with everything you need to bring the campaign to life in your classroom. It's packed with learning materials, videos, case studies and much more.**

The Big Battery Hunt

Join over **1,800 schools** already participating in one of the largest recycling challenges in the UK with the **Big Battery Hunt**, and help us to make a difference to recycling behaviour for generations to come.

All participating schools and pupils can be entered into a draw for prizes including; 1 - year MyMaths subscriptions for schools, a fully-paid educational trip to the sustainability centre, thousands of pounds worth of school equipment, iPads for winning pupils, and Duracell Bunnies for selected runners up.

It has never been easier to get your school involved in recycling, simply [sign-up](#) to receive a kit containing:

- **collection boxes** with fun activities and facts for all participating pupils
- a **recycling container** for all registered schools. Once full the batteries will be collected free of charge.

Collection boxes and containers are sent separately, but should arrive in 3-4 weeks. Learn how to **assemble your school container** in our handy video [here](#).

[Register](#) today
or search for
**'The Big Battery
Hunt Duracell'**



A nationwide battery recycling challenge and free educational resource from Duracell



*Supports the Eco-Schools
waste topic*

LET THE EARTH

BE YOUR CLASSROOM!



Our programmes for teachers, teaching assistants, educators, trainees and students offer inspiring ways to connect your students to nature using the Sustainable Development Goals (SDGs) as a key framework. At Earthwatch, we are experienced in engaging the next generation in environmental research and sustainability issues, and have been working in education for over 20 years.

TEACH EARTH

- An immersive teacher-training outdoor weekend that provides you with the space to learn about and take part in citizen science research projects which you can carry out in your school grounds, setting them within the context of the Sustainable Development Goals.
- Training includes free take-away materials, resources and lesson plans on citizen science projects and the SDGs and how they link into and support the national curriculum.
- We are excited to announce the dates and locations for 2018 Teach Earth trainings as follows:

- **Camping in Bell Tents in Wytham Woods, Oxfordshire: 25th-27th May, 1st-3rd June & 27th-29th July**

- **Staying in [Naturesbase](#) in Ceredigion, Wales: 13th-15th July**


- There is a small charge of £50 to attend Teach Earth which covers all food, accommodation, training and materials. If you are working at a school based in a disadvantaged area and the school will be paying your fee, please contact us at education@earthwatch.org.uk for further options.
- Places for these weekends are limited and operate on a first come first serve basis.
- [Book your place on Teach Earth 2018 now!](#)



How to find out more

Earthwatch Institute Education

 eu.earthwatch.org/education/teach-earth

 education@earthwatch.org.uk

 [2017 newsletter](#)



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