

# Eco-Schools Leicester Monthly Bulletin



Visit the Eco-Schools Leicester website <http://schools.leicester.gov.uk/eco-schools>  
Login details are not required

## October 2018

Dear Colleague,

Welcome to the **October Eco-Schools Leicester eBulletin**. Things to take a look at:

- [Eco-Schools roadshow dates – book now!](#)
- [Eco-Schools training – for school staff – book now](#)
- [Edi-net energy school competition – enter now](#)

As always, if you need any help or support email or contact me, many thanks, Lee

*P.S. I am on annual leave from Wednesday 10-17 October, but will be picking up emails related to anything urgent.*

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### [Eco-Schools Roadshow dates](#)

All the dates are now available. Email to confirm your group and risk assessment, parental letters and further information will be sent on return. If you download the flyer it also has all the workshops taking place.

- **31 October 2018 – Soar Valley College**
- **2 November – Rushey Mead Academy**
- **7 November – Fullhurst Community College**
- **13 November – English Martyrs' Catholic School**
- **5 December – Moat Community College**

Email [lee.jowett@leicester.gov.uk](mailto:lee.jowett@leicester.gov.uk) with which date you would like to attend

### Eco-Schools Roadshow 2018

Following last year's success, Leicester City Council will again be hosting a series of mini-conferences in the autumn 2018 term – **book now to avoid disappointment!**

<b>Wednesday 31 October 2018</b>	<b>Soar Valley College</b>
<b>Friday 2 November 2018</b>	<b>Rushey Mead Academy</b>
<b>Wednesday 7 November 2018</b>	<b>Fullhurst Community College</b>
<b>Tuesday 13 November 2018</b>	<b>English Martyrs' School</b>
<b>Wednesday 5 December 2018</b>	<b>Moat Community College</b>

Each event will run from approx. 9.15am-12.30pm and will consist of a carousel of interactive and informative workshops, based on the Eco-Schools themes



**Why attend?**

- Gain a greater understanding of the **Global Goals for Sustainable Development** and Eco-Schools topics
- Opportunity to network with other schools and learn about their **environmental projects**
- Develop new **campaigns** and identify ways of promoting sustainability in school
- Find out about local and national **projects** and how to get involved

This free event is open to all registered Eco-Schools in Leicester, Primary or Secondary. Schools are invited to bring up to 15 students to attend. Further details will be provided on booking.



To book your school place please email [lee.jowett@leicester.gov.uk](mailto:lee.jowett@leicester.gov.uk) or call 0116 454 2271 as soon as possible to confirm

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### [Eco-Schools training](#)

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There will be a training session on Friday 9 November at Sandfield Close Primary School. This is open to all schools in the city and hopefully will have something for everyone – those who have achieved their Green Flag as well as those who are just starting on the journey

If you would like to attend please email me [lee.jowett@leicester.gov.uk](mailto:lee.jowett@leicester.gov.uk)

**Eco-Schools Network Training 2018**

In Leicester there are over 100 schools registered on the Eco-Schools programme with 75 at bronze, nearly 60 at silver and 35 Green Flags. This training, delivered by Leicester City Council will support you as you work on projects to support the Green Flag award as well as partnering with other schools to share ideas and potentially planning joint projects.

**Friday 9 November 2018 Sandfield Close Primary School, 9.30am - 3.30pm Leicester, LE4 7RE**

**Free and open to all schools in Leicester City**

Eco-Schools is a global programme which provides a framework for learning and action around 10 environmental topics. It is free to register for Eco-Schools and to apply for Bronze and Silver awards. A cost applies for Green Flag accreditation, however in Leicester there are several sponsorship schemes.

**Why attend?**

- Gain a greater understanding of the updated Eco-Schools criteria and **Global Goals for Sustainable Development**
- Identify ways of engaging the whole school community, including potential barriers and how to remove them
- Develop new campaigns and identify ways of promoting sustainability in school
- Find out about local and national projects and how to get involved

**Who would benefit from this course?**  
All school staff with an interest in environmental education - heads, deputy heads, assistant heads, classroom teachers, TAs, support staff, premises officers, business managers, even KS4/KS5 students who are leading a group!

**Refreshments and lunch will be provided**

To book your place please email [lee.jowett@leicester.gov.uk](mailto:lee.jowett@leicester.gov.uk) or call 0116 454 2271

### [EDI-Net Schools competition – November 2018](#)

Energy and water is one of the biggest spends for schools after staffing. Leicester City Council has been working closely with De Montfort University to develop tools to empower staff and students to take control of their energy. We are encouraging all schools (where possible) to participate in the EDI-Net competitions

- **Competition 1 – World cup style** – compete in week 1 with up to 5 other schools, top 2 move into the next week. *Overall winner is top of the final league table (week 4)*
- **Competition 2 – Over the entire month**, gain points on a daily basis. *Winner is the school with the least points at the end of the month.*
- **Competition 3 – 3 energy saving days!** *Whoever appears at the top at the end of the day will be the winner (results can be found the next day)*  
Energy saving days are **Thursday 8 November, Tuesday 20 November, Friday 30 November**
- **To sign up – please email today, deadline to sign up - Thursday 1 November 2018**

**School EDI-Net Competition**

**Monday 5 November – Friday 30 November 2018**

*Energy and water is one of the biggest spends for schools after staffing.* Leicester City Council has been working closely with De Montfort University to develop tools to empower staff and students to take control of their energy

*We are encouraging all schools (where possible) to participate in the EDI-Net competitions*

**Why participate?**

- Use the EDI-net tools to save energy and money
- Use as a way to **engage the whole school** and use as a **launch pad** for other energy saving campaigns such as **Switch Off Fortnight** (taking place in November 2018)

**Competition 1 – World cup style** – compete in week 1 with up to 5 other schools, top 2 move into the next week. *Overall winner is top of the final league table (week 4)*

**Competition 2 – Over the entire month**, gain points on a daily basis. *Winner is the school with the least points at the end of the month.*

**Competition 3 – 3 energy saving days!** *Whoever appears at the top at the end of the day will be the winner (results can be found the next day)* Energy saving days are **Thursday 8 November, Tuesday 20 November, Friday 30 November**

EDI-net uses smart energy and water data to show improvements in usage based on your own historical data. A reduction since this time last year will show greener faces, an increase since last year will show redder faces. External factors such as external temperature are taken into account.

**Smiley faces are calculated on a daily basis and so any changes will be seen the following day**

This event is free **open to all schools in Leicester City** who have access to smart meter data  
To check go to <https://dashboard.edi-net.eu/p/o/leicester-city-council/tbi/51>


To participate please email [eco-schools@leicester.gov.uk](mailto:eco-schools@leicester.gov.uk)

### [Healthy Teeth, Happy Smiles – October update](#)

Download the flyer for further information about:

- 1000 Tweaks to feel great

- Supervised tooth brushing
- Free oral health education resources



**1000 Tweaks to Feeling Great**

1000 Tweaks to feeling great is our part of our new healthy weight strategy. The idea behind the initiative is that everyone can pledge to make a small, easy change to their lives that will help to improve their health. A tweak is a small change that you can do straight away, that is easy and should be free or cost very little. For example, swapping a sugary drink for water, walking to the park after school, or limiting the number of packaged snacks you have.

We would love to hear about any tweaks your school is making! Fill in a pledge card that can be downloaded from our website ([www.leicester.gov.uk/1000tweaks/](http://www.leicester.gov.uk/1000tweaks/)) and send it to us so we can share it and inspire more people to tweak! Send your tweaks to [1000tweaks@leicester.gov.uk](mailto:1000tweaks@leicester.gov.uk) or @ActiveLeicester on Facebook and Twitter.

**Supervised Toothbrushing**


Would you like to help children in your school have a healthier and happier future? There's a simple step to take - start Supervised Tooth Brushing (STB) in your school.

STB takes approximately 5-10 minutes to complete every day. The activity can be carried out at any time during the school day, and can be built in to the existing routine of the school. Some settings do it sat at tables, some at the sink, some sing songs, and some watch a YouTube video and use it as a timer.

Healthy Teeth, Happy Smiles staff ensure that STB is carried out in a way that suits and are on hand to help you through the whole process, providing all training and resources for free! Our programme is flexible as we know how busy the school day is! To get involved or get some more information email us at [healthteethhappysmiles@leicester.gov.uk](mailto:healthteethhappysmiles@leicester.gov.uk)

**Did you know?**

We have FREE Oral Health Educational Resource Packs for Early Years and School settings including lesson plans and activities are available to download by clicking [here](#) or go to the Healthy Teeth, Happy Smiles website to find out more!



For any questions, please contact [healthteethhappysmiles@leicester.gov.uk](mailto:healthteethhappysmiles@leicester.gov.uk)

## [Water POWER poster competition](#)

The POWER project is launching a poster competition for primary schools in Leicester

*The poster will be used to encourage primary school children to save water, understand flooding and reduce littering*

Further information can be found by downloading the flyer. **Deadline for entries 14 December 2018**



**WATER Poster Competition**  
Calling all Primary Schools!

The POWER project is launching a poster competition for primary schools in Leicester. The poster will be used to encourage primary school children to save water, understand flooding and reduce littering.

**Design Brief**

- The design should stand out and represent one of the three topics
- Each design should help people to understand the risk, benefits and what they can do to stop the problem.
- Each design should include the young person's first name, school and age (and any steps) on the back.
- The poster design should be **landscape** not portrait.

Winners will have their posters printed as a banner which will be displayed in one of the City Parks!

Deadline for entries: 5pm on the 14 December 2018  
Winning presentations: March 2019

Entries can be uploaded in the Leicester Water Community website under the 'Water Poster Competition' or emailed to [3038@leicester.gov.uk](mailto:3038@leicester.gov.uk). They will also be printed in POWER School poster competition, City Highway, Leicestershire, LE1 1BZ

**WATER Poster Competition**

The POWER project is launching a poster competition. The poster will be used to encourage primary school children to save water, understand flooding and reduce littering.

**BE FLOOD AWARE! PREPARE**

**eduWater FloodAware**

Winners will have their posters printed as a banner

Your poster needs to:

- Stand out and represent 1 of the 3 topics:
- 1. Flooding 2. Saving water 3. Litter & Rivers
- Help people understand the risks, benefits and what they can do to stop the problem, for each topic.
- Be **landscape** not portrait

Classroom poster Deadline: Friday 14 December 2018

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